

CAMBROOKE™

NEW ENU Nutritional Shakes – Spec Sheet

04/06/2021

ENU® Nutritional Shake (ENU Shake) is a nutritionally complete, calories and protein-rich, ready to drink formula for the dietary management of individuals who are malnourished, at risk of malnutrition, experiencing involuntary weight loss or afflicted with a condition requiring additional energy and protein supplementation. ENU Shake can be used as a snack and as an occasional meal replacement.

- Serving Size: 1 carton, 8.5oz (250ml)
- Flavors: Creamy Vanilla and Creamy Chocolate
- 400 Calories and 20g Protein per serving
- 100% Hydrolyzed Whey Protein for enhanced absorption
- Optimized fat blend with 4:1 N6:N3 ratio and 4g of MCT for easy digestion
- Soy Free, Gluten Free, Lactose Free, Non-GMO
- Lightly Sweetened with less sugar – only 10% of total calories come from sugar
- Fortified with 24 essential vitamins and minerals

Item	Creamy Vanilla	Creamy Chocolate
Cal/ml	1.6	1.6
Caloric Distribution (% of kcal)		
Protein, %	20	20
Carbohydrate, %	45	46
Fat, %	35	35
NPC:N ratio	102	102
MCT:LCT ratio	0.35	0.36
N6:N3 ratio	4:1	4:1
Water, %	67	66
Soluble Fiber, %	0.9	1.2
Insoluble Fiber, %	0.0	0.3
Fat MCT, %	1.5	1.5
Osmolality, mOsm/Kg	756	948
Osmolarity, mOsm/L	689	862
Protein Digestibility*	Whey Protein Isolates 1.0	Whey Protein Isolates 1.0

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Nutrition Facts

1 serving per container
Serving size 8.5 fl (250 mL)

Amount per serving		400	
		% Daily Value*	
Total Fat	15.7g		20%
Saturated Fat	5.0g		25%
Trans Fat	0.1g		
Cholesterol	0mg		0%
Sodium	557.1mg		24%
Total Carbohydrate	44.7g		16%
Dietary Fiber	2.5g		9%
Total Sugars	10.0g		
Includes 4.7g Added Sugars			9%
Protein	20.0g		

Vitamin D	6.0mcg	30%	Calcium	170.0mg	13%
Iron	0.9mg	5%	Potassium	402.8mg	9%
Vitamin A	380.9mcg	RAE 42%	Vitamin C	15.4mg	17%
Vitamin B12	1.5mcg	62%	Vitamin E	6.2mg	α-TE 41%
Selenium	17.5mcg	32%	Thiamin	0.3mg	26%
Vitamin B6	0.5mg	29%	Niacin	15.0mg	NE 94%
Magnesium	58.0mg	14%	Folate	112.4mcg	DFE 28%
Molybdenum	18.7mcg	42%	Biotin	74.8mcg	249%
Vitamin B5	2.4mg	48%	Iodine	37.4mcg	25%
Chromium	29.9mcg	85%	Riboflavin	0.1mg	5%
Phosphorus	351.6mg	28%	Copper	0.5mg	55%
Manganese	0.7mg	30%	Zinc	3.7mg	34%
Vitamin K	20.3mcg	17%			

* The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2000 calories a day is used for general nutrition advice.

CREAMY VANILLA

INGREDIENTS

Filtered water, hydrolyzed whey protein isolate, maltodextrin, brown rice syrup solids, refined vegetable oil blend (high oleic sunflower oil, canola oil, medium chain triglycerides), food starch modified, contains less than 2% of natural flavor, sugar, inulin, sodium phosphate, sodium molybdate, sunflower lecithin, salt, gellan gum, stevia. **Contains milk.**

VITAMIN & MINERAL BLEND

dipotassium phosphate, tricalcium phosphate, dimagnesium phosphate, ascorbic acid, Niacinamide, zinc sulfate, dl-alpha-tocopheryl acetate, ferric sodium, d-calcium pantothenate, manganese sulfate, pyridoxine hydrochloride, thiamine hydrochloride, cupric oxide, palmitate, chromium chloride, folic acid, biotin, potassium iodide, sodium molybdate, riboflavin, sodium selenite, phytonadione, cholecalciferol, cyanocobalamin.



Nutrition Facts

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Amount per serving		400	
		% Daily Value*	
Total Fat	15.7g		20%
Saturated Fat	5.2g		26%
Trans Fat	0.1g		
Cholesterol	0mg		0%
Sodium	548.8mg		24%
Total Carbohydrate	46.2g		17%
Dietary Fiber	4.0g		10%
Total Sugars	10.0g		
Includes 4.7g Added Sugars			9%
Protein	20.0g		

Vitamin D	6.0mcg	30%	Calcium	174.2mg	13%
Iron	2.0mg	11%	Potassium	554.5mg	12%
Vitamin A	381.5mcg	RAE 42%	Vitamin C	15.5mg	17%
Vitamin B12	1.5mcg	62%	Vitamin E	6.1mg	α-TE 41%
Selenium	17.5mcg	32%	Thiamin	0.3mg	26%
Vitamin B6	0.5mg	29%	Niacin	14.8mg	NE 92%
Magnesium	74.7mg	18%	Folate	112.6mcg	DFE 28%
Molybdenum	18.7mcg	42%	Biotin	75.0mcg	250%
Vitamin B5	2.4mg	48%	Iodine	37.5mcg	25%
Chromium	30.0mcg	86%	Riboflavin	0.1mg	6%
Phosphorus	373.0mg	30%	Copper	0.8mg	69%
Manganese	0.7mg	30%	Zinc	3.9mg	30%
Vitamin K	20.3mcg	17%			

* The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2000 calories a day is used for general nutrition advice.

CREAMY CHOCOLATE

INGREDIENTS

Filtered water, hydrolyzed whey protein isolate, maltodextrin, brown rice syrup solids, refined vegetable oil blend (high oleic sunflower oil, canola oil, medium chain triglycerides), food starch modified, contains less than 2% of alkalized cocoa, natural flavor, sugar, inulin, pyridoxine hydrochloride, sodium phosphate, sunflower lecithin, salt, gellan gum, stevia. **Contains milk.**

VITAMIN & MINERAL BLEND

dipotassium phosphate, tricalcium phosphate, dimagnesium phosphate, ascorbic acid, Niacinamide, zinc sulfate, dl-alpha-tocopheryl acetate, ferric sodium, d-calcium pantothenate, manganese sulfate, pyridoxine hydrochloride, thiamine hydrochloride, cupric oxide, palmitate, chromium chloride, folic acid, biotin, potassium iodide, sodium molybdate, riboflavin, sodium selenite, phytonadione, cholecalciferol, cyanocobalamin.